

2008  Eastern

J3 Finals

Presented By

Okemo Mountain Resort and Okemo
Mountain School

March 2nd -5th, 2008

ATHLETE INFORMATION

Cost: \$145

Payable to: Okemo Mountain

Includes All Mountain Lifts, Training, All Event Venues

Send Entry to:

Race Chairman

77 Okemo Ridge Road

Ludlow, VT 05149

Other: Parent/Family Member Lift Tickets will be offered daily for \$39.00.

Info Desk: Competition Center 7:30am – 4pm 802.228.1480 or 1483

Lodging: See attached sheet

Hosts: Okemo Mountain Resort and Okemo Mountain School
Ludlow/Vermont

Included Attachments: (1) Registration/Release Form (2) Schedule (3) Housing Information



USSA Eastern J3 Finals
Okemo Mountain Resort
Ludlow, Vermont

ATHLETE REGISTRATION

Print clearly

Last Name: _____ First: _____

Sex: ____ Age: ____ Date of Birth: _____ USSA #: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____

Email: _____

Your State Ski Association: _____

Your Ski Area: _____

Your Training Club/Team: _____

(No initials please)

____ I have enclosed a \$145.00 check (Payable to: Okemo Mountain Resort)



2008 SCHEDULE OF EVENTS

Saturday March 1st

6:00pm Coaches Meeting in clock tower meeting room

Sunday March 2ND SLALOM Wardance

7:00-7:45 Registration for athletes ...mezzanine of the base lodge

7:45 Jury on lift

8:00 Lifts open

8:15-9:15 Inspection

9:30 Women first run

Second run 1 hour after reset

5:00 Coaches Meeting in the Clock tower meeting room

Monday March 3rd Giant Slalom Chief

7:30 registration mezzanine base lodge

7:45 Jury on lift

8:00 Lifts open for athletes

8:30-9:30 Inspection

9:45 Women first run

Second run 1 hour after reset

5:00 Coaches Meeting in the Clock tower meeting room

6:00 Banquet in the roundhouse at Jackson Gore

Tuesday March 4th Super G Training Chief

7:30 registration mezzanine base lodge

8:45 Jury on lifts

9:00 Lifts open for athletes

9:15-10:00 Inspection

10:15 First training run

12:00 Second training run

5:00 Coaches Meeting in the Clock tower meeting room

Wednesday March 5th Super G Race Chief

7:30 registration mezzanine base lodge

8:45 Jury on lifts

9:00 athletes on lift

9:15-10:00 Inspection

10:30 Women start

Men start immediately following women



USSA J3 Finals

ATHLETE MEDICAL DISCLOSURE

ATHLETE NAME: _____ **DOB:** _____

Medical Problems/History : _____

Allergies _____

Current Medications _____

Medical Insurance Company _____ Phone: _____

AGREEMENT TO RELEASE LIABILITY

In consideration of my child being allowed to participate in the USSA Eastern Future Stars program, on behalf of myself and my child I agree to release Okemo Mountain Resort, their owners, affiliates, employees, agents, directors, officers and volunteers from any liability for damage, injury or death to my child, myself or to any person sustained as a result of participation in said program, whatever the cause, including but not limited to the fault or alleged negligence of any of the Releases, or any risk of the sport, known or unknown, accepting full legal responsibility on behalf of myself and my child not to sue the Releases and to hold harmless and indemnify the from any damage, award, legal expenses, including reasonable attorney's fees or settlement arising out of my child's participation in said program.

Consent: I, parent/guardian of participant, hereby grant permission, in case of injury, to have a physician or other medical personnel, provide medical assistance and/or treatment to said athlete.

Parent/Guardian Signature _____

Athlete Signature _____

Date _____

Okemo Mountain Resort General Information

THERE WILL BE A \$20 BIB DEPOSIT REQUIRED

Information Center: The Competition building will serve as the information center. The building is located to the right of the clock tower.

For general information about Okemo Mountain visit our website at www.okemo.com. There you will find the many services we have to offer on the mountain and in the area.

Race Worker Opportunities: There are work opportunities available throughout the duration of this event. You will receive a free lift pass for the day you work plus an additional pass to ski at Okemo valid through the 2008 season. Please call 802-228-1480 or 1484 to sign up.

Banquet will be held at the round house which is located in Jackson Gore. Tickets are available for purchase through the information center or at registration.

Competitors: Free Children under 10 \$15
Coaches: \$13.00 Parents and Guests \$35

Mountain Etiquette and Athlete Code of Conduct: As noted in your USSA Comp guide, while on the hill or in the lodge, all athletes must maintain high standards of moral and ethical conduct, which includes self-control, responsible behavior, consideration for, the physical and emotional well being of others and courtesy and good manners. Please observe your "Responsibility Code"thank you.

Coaches Information: Consistent with USSA Policy, the rule for complimentary coach tickets is as follows: All athletes are entitled to representation by a coach from their home program. If a program would like to have two coaches they must have more than 4 athletes, more than 8 athletes for 3, more than 12 for 4, etc. Okemo will offer coaches tickets at a reduced rate, but need the names in advance. Coaches must carry a professional coaching license.

Whistler Cup Shootout: Athletes who have qualified for the Whistler Cup Shootout on Saturday, March 15th, will be notified by USSA. Registration will be in the mezzanine of the base lodge from 7:00 to 7:30 on Saturday. The race will consist of 3 runs of GS followed by 3 runs of SL on the Wardance race trail.

Parent Tickets: Tickets for parents and siblings will be available at the administration building.

Tickets will be priced at \$39 for one day, \$110 for three days and \$145 for all four days.



Banquet Ticket Order Form

Competitor Name: _____

Parent or guardian name: _____

Address: _____ Phone: _____

_____ Email _____

Where will you be staying _____

Number of tickets _____ @ \$35.00 per ticket = Total _____

Number of tickets _____ @ \$15.00 per ticket = Total _____

Grand Total = _____

Credit Card Number _____

Expiration Date _____

Name on Card _____

Signature _____



COMPETITOR BIOGRAPHY

Name _____

School or team _____

Home town mountain _____

Home town newspaper _____ Phone _____

Skiing Accomplishments _____

What is your favorite music _____

Hobbies _____

Who is your favorite athlete _____

Skis _____ Boots _____

What gives you the most inspiration when you are competing _____

Favorite word that motives you _____

TO: Racers & Families, Coaches, officials and friends

FROM: Okemo Racing Community and Lodging staff

RE: Okemo Slopeside Lodging for JS States and J4 Shoot-out and Super Stars competitors

Congratulations to all J3, J4's, parents and coaches !!!!!

Slopeside Lodging Available: Fully furnished privately owned condominiums with complete kitchens and spacious living room areas. Winterplace, Kettle Brook and the Okemo Mountain Lodge are all great locations for quick access to the race trails. Other locations, including the Jackson Gore Village and Solitude Village are other upscale options based on space available.

<http://www.okemo.com/okemowinter/lodginganddining/slopesidelodging/stayslopeside.asp> for photos and further descriptions.....but you must call to get the racer specials !!!!

Lodging specials: Okemo will offer 10% off on any weekend night and a 25% discount for any 3 night stay or during the midweek.

** **JS States (March 2nd – 5th) example:** A Winterplace 3br / 2 bath mountainside unit sleeping 6-8 will be \$329 per night (includes all taxes and travel protection plan) based on a 3 night midweek stay during the week of March 2nd

** **J4 (March 14-17th) example:** Winterplace 3br unit from \$379 per night based on a **3 night weekend**

** **J4 (March 16th -19th) example:** Winterplace 3br unit from \$273 per night based on a **3 day midweek**

All taxes and travel protection plan are included in all samples rates !!

Recreation Amenities Available: Winterplace has their own heated indoor pool and two 5 person Jacuzzis, Guests staying at either Kettle Brook or Okemo Mountain Lodge get access to the Spring House Aquatic and Fitness Center w/indoor heated pool, Jacuzzi, sauna and extensive exercise room.

Okemo Resort Shuttle complimentary shuttle to enjoy the entire resort without getting back into your car.

Call 1 (800) 786-5366 and ask for the VARA08 Racers Special.

Other Lodging options available in the Village of Ludlow:

Timber Inn Motel (Glenn & Donna) (802) 228-8666 <http://www.timberinnmotel.com/>
Best Western Colonial Motel (Charles) (802) 228-8188 <http://www.bestwesternludlow.com/>